

REGULATIONS « EI 1258 »

2026 EDITION – FROM AUGUST 26 TO 30, 2026

1-ORGANISATION

EI 1258 is an event organised by the Horos association in collaboration with the Objectif D+ association, affiliated with the French Hiking Federation, as well as several municipalities involved in the project.

The mere act of acquiring a right to participate implies knowledge of these regulations and their legal conditions, and therefore express and unreserved acceptance thereof.

At the time of registration, via the registration platform, the participant confirms having read these sporting rules by means of an electronic verification.

This contractual document sets out the sporting rules that govern the conduct of the various races that make up the event.

Another document contains the legal and economic conditions relating to the registration process and participation of runners in the events of the EI 1258 event, available on the website.

EI 1258 is a sporting event consisting of four sporting events which take place in the mountains of the Pyrenees Orientales, Ariège and Aude around what was the old border between France and Catalonia for more than 400 years between 1258 (Treaty of Corbeil) and 1659 (Treaty of the Pyrenees).

Name of the event	Course typology	Types of the test
Maratrail	42 KM course with 2,700 m of elevation gain between the Col de Puymorens and Formiguères completely marked.	Individual trail running event with timing and ranking at the finish.
Ultra-Trail	A 226 km route with 8,000 m of elevation gain. between the Col de Puymorens and Salses-le-Château unmarked	Individual ultra-trail race with timing and ranking at the finish.
Ultra-Hiking  www.ffrandonnee.fr	mostly. 1 ^{era} The route is marked up to Formiguères at KM42, then sections 2, 3, 4, 5 are not marked until the arrival at Salses-le-Château at KM226. There are directional signs at	Fast hiking event in teams of 2 or 3, female, male or mixed, with timing and "finisher" system not resulting in a ranking at the finish.
Relay	some intersections and when approaching the refreshment areas. Route tracking using a roadbook and GPS tracks provided by the organization. Real-time geolocation tracking of participants via GPS tracking.	Team trail running event with 5 teams, female, male or mixed, with timing and team ranking at the finish.

The EI 1258 events are run by a Race Committee whose decisions are final.

2-ECORESPONSIBILITY

EI 1258 is fully in line with the charter of 15 eco-responsible commitments for sports event organizers developed by the Ministry of Sports.

Thus, the organizing committee commits, in a spirit of continuous improvement, to achieving and measuring the quantified objectives in the following 4 themes:

- Limit our environmental impact;
- To act for a more responsible economy;
- To fight against discrimination;
- To inform, raise awareness and train.

By accepting these regulations, each participant agrees to contribute to the eco-responsible actions implemented for this purpose by the organization:

- To limit the carbon footprint (commitment no. 2 for sustainable mobility), the

The event is accessible by public transport and carpooling is encouraged.

To participate in the Ultra-Trail, Ultra-Hiking and Relay events, participants can travel to Salses-le-Château by train (station). A carpooling service is also available for the event.

The transport of participants to the starting area at the Col de Puymorens is provided by the organization via group transport included in the registration fees.

For accompanying persons, a "Transport Pass EI 1258" is available for purchase, allowing them to travel to the departure area, the various accommodation bases, and the arrival area by public transport. Designated areas will be reserved for them in each accommodation base to rest while waiting for the person or team being accompanied.

- To minimize waste production (commitment no. 3 for waste reduction), the organization is implementing recycling, composting and bulk purchasing of supplies.

Disposable tableware (cutlery, cups, bowls) will not be provided at the aid stations in order to reduce plastic consumption. Participants must bring their own containers and cutlery for consuming liquids and hot food at the aid stations.

- To preserve natural spaces (commitment no. 4 on natural sites, green spaces and biodiversity), the organization limits the number of participants to preserve paths, ecosystems and reduce the footprint of the event.

Participants must keep their waste and packaging until they can dispose of it in the bins provided for this purpose at the refreshment stations.

Plastic bags for collecting toilet paper are provided with the race bib. They should be used after a "trailside emergency".

It is mandatory to stay on the marked trails or those defined by GPS, without taking shortcuts. Leaving a trace causes damaging erosion of the site.

- To contribute to a more inclusive society (commitment no. 9 on contributing to a more inclusive society), the organization has defined a pricing policy based on the



Coverage of essential expenses for the smooth running of the events: transport of participants to the starting area, solid/liquid refreshments, timing, etc. Thus, certain expenses deemed non-essential have been avoided or made optional, as is the case for the event t-shirt for example.

- To promote gender equality (commitment no. 10 on the promotion of gender equality), the organization has defined an incentive pricing policy favoring the formation of mixed teams for Ultra-Hiking and Relay events.

- To commit to a charitable cause (commitment no. 12 on charitable causes), the organisation makes the subscription of a "FFRandonnée Discovery Pass" systematic for people not licensed with FFRandonnée when registering for the EI 1258 events.
This is in order to participate in the maintenance and marking of the paths (GR® and PR) which it manages on French territory.

3- ACCEPTANCE OF THE RACE RULES AND ETHICS

Participation in the EI 1258 events implies express and unreserved acceptance of these regulations, their appendices, the ethics of the event and any instructions given by the organizer to the participants.

4- PARTICIPANT COMMITMENT

To participate in the EI 1258 events, the following is essential:

- To be fully aware of the length and specific nature of the test and to be perfectly prepared for this.

- To have acquired, prior to the race, a genuine capacity for personal autonomy in the mountains, enabling them to manage the problems induced by this type of event, and notably :
 - o To be able to cope without outside help with climatic conditions that can be very difficult due to altitude (night, wind, cold, fog, rain or snow).
 - o Knowing how to manage physical or mental problems, even when isolated resulting from extreme fatigue, digestive problems, muscle or joint pain, minor injuries...
 - o To be fully aware that the organization's role is not to help a runner manage their problems.

 - o To be fully aware that for such an activity in the mountains, safety depends first and foremost on the runner's ability to adapt to problems encountered or foreseeable.

- To inform and raise awareness among accompanying persons about respecting the premises, people and the rules of the race.



Note: the organization is authorized to disqualify teams deemed incapable of progressing safely in the mountains.

5-DEFINITION OF TESTS

The 1258 offers various outdoor events, largely using long-distance hiking trails. Each event takes place in a single stage, at your own pace, within a limited time.

- The Maratrail is an individual trail running race of approximately 42 km with 2,700 m of elevation gain and 2,800 m of elevation loss.

The Maratrail follows the old border between the Col de Puymorens and Formiguères on a fully marked course. It is a timed event, with overall and category rankings established at the finish. Participants must be at least 20 years old (born on or before September 6, 2006) and have prior experience in a trail race of at least 20 km*. The maximum number of participants for this event is capped at 300.

This event will start on Thursday, August 27, 2026 at 10:00 AM and the closing time of the race is set at 10:00 PM on Thursday, August 27, 2026, giving a maximum of 12 hours to complete this challenge and become a finisher.

- The Ultra-Trail is an individual ultra-trail race of approximately 226 km and 8,000 m of elevation gain/9,900 m of elevation gain.

D - following the old border between the Col de Puymorens and Salses-le-Château on an unmarked course starting from Formiguères (KM 42). The Ultra-Trail is a timed event; overall and category rankings are established at the finish. It is open to competitors aged 21 and over (born on or before September 6, 2005) who can demonstrate prior experience in an ultra-endurance event of at least 100 km*. The maximum number of participants for this event is capped at 100.

This event will start on Thursday, August 27, 2026 at 12:00 PM and the closing time of the race is set at 12:00 PM on Sunday, August 30, 2026, giving a maximum of 72 hours to complete this challenge and become a finisher.

- The Relay is a trail running event for teams of 5, either female, male or mixed.
of approximately 226 km and 8,000 m elevation gain/9,900 m elevation loss, following the old border between the Col

The race starts in Puymorens and Salses-le-Château on a marked course for leg 1 (Col de Puymorens - Formiguères), then an unmarked course for legs 2 (Formiguères - Mosset), 3 (Mosset - Bélesta), 4 (Bélesta - Vingrau), and 5 (Vingrau - Salses-le-Château). If a competitor drops out of a leg or exceeds a time limit, the competitors in subsequent legs will not start their leg. The Relay is a timed event; a team ranking will be established at the finish. It is open to competitors aged 20 and over (born on or before September 6, 2006) with prior experience in a trail race of at least 20 km*. The maximum number of participants for this event is capped at 100, or 20 teams.

This event will start on Thursday, August 27, 2026 at 12:00 PM and the closing time of the race is set at 12:00 PM on Sunday, August 30, 2026, giving a maximum of 72 hours to complete this challenge and become a finisher.



- Ultra-Hiking is a fast hiking event for teams of 2 or 3 people,

This ultra-hike, open to women, men, or mixed teams, covers approximately 226 km with 8,000 m of elevation gain and 9,900 m of elevation loss, following the old border between the Col de Puymorens and Salses-le-Château on an unmarked course starting from Formiguères (km 42). If a competitor in a team of three drops out, the two remaining runners may only continue after ensuring their teammate has been taken to a designated aid station and receiving authorization from Race Control. If a competitor in a team of two drops out, both competitors must stop. The goal of this ultra-hike is to complete the course at your own pace without exceeding the allotted time. It is not considered a competitive event and therefore does not result in an official ranking. The timing system put in place aims to establish the speed/eort (VE)** achieved by the team, excluding stops in the life bases, which allows it to be positioned in the "finisher" system of the fast hiking reference of the French Hiking Federation which values 4 levels of performance: gold (VE8), silver (VE7), bronze (VE6) and finisher (time barrier of the event i.e. approximately VE4).

It is open to participants aged 21 and over (born on or before September 6, 2005). No experience or performance level is required, as participants compete in pairs or trios, ensuring safe conditions. The maximum number of participants for this event is capped at 180, forming between 60 and 90 teams.

This event will start on Wednesday, August 26, 2026 at 12:00 PM and the closing time of the race is set at 12:00 PM on Sunday, August 30, 2026, giving a maximum of 96 hours to complete this challenge and become a finisher.

*Definition of distance/eort: the distance of a route in kilometers plus the positive elevation gain in hundreds of meters. Example: I complete a 15 km route with 300 m of elevation gain, which makes a distance/eort of 18 kilometers/eort: $15 + (300/100) = 18$ KE.

**Definition of speed/eort: equivalent speed in km/h on a flat surface, taking into account the positive elevation gain. It is calculated by dividing the distance/eort by the time in hours. Example: I cover 15 km and 300 m of positive elevation gain in 3 hours, my speed/eort = $(15+300/100) / 3 = 6$ km/h eort (VE6).

Name of the event	Course characteristics	Characteristics of the test
Maratrail	Approximately 42 km and 2,700 m of elevation gain/2 800 D- from the Col de Puymorens and an arrival at Formiguères.	Individual trail running event on a marked course, in semi-autonomy, to be completed in a maximum of 12 hours.
Ultra-Trail	Approximately 226 km and 8,000 m of elevation gain/9 900 D- from the Col de Puymorens and an arrival at Salses-le-Château.	Individual ultra-trail race on a long, unmarked route starting from the Formiguères aid station (approximately KM42), in semi-self-support, to be completed in a maximum of 72 hours. Open to fast hiking enthusiasts with ultra experience.
Ultra-Hiking  www.ffrandonnee.fr		Team fast hiking event female, male or mixed, of 2 or 3 inseparable people on a long distance route starting from the Col de Puymorens on an unmarked route from the Formiguères life base (approximately KM42), in semi-self-support, to be completed in a maximum of 96 hours. Open to those who enjoy fast hiking and hiking without ultra experience.
Relay	Relay 1: approximately 42 KM and 2,700 D+/2,800 D- from the Col de Puymorens and an arrival at Formiguères.	Team trail running event for women, men or mixed teams of 5 people in relay starting from the Col de Puymorens on a marked course, in semi-autonomy for relay 1 then on an unmarked course, in semi-self-support for relays 2, 3, 4 and 5, to be completed in a maximum of 72 hours.
	Relay 2: approximately 45 KM and 1,480 m D+/2,555 m D- starting from Formiguères and finishing in Mosset.	
	Relay 3: approximately 43 KM and 1,180 m elevation gain / 1,485 m elevation loss starting from Mosset and finishing in Bélesta.	
	Relay 4: approximately 53 KM and 1,470 m D+/ 1,660 m D- starting from Bélesta and finishing in Vingrau.	
	Relay 5: approximately 43 KM and 1,170 m elevation gain / 1,400 m elevation loss starting from Vingrau and finishing in Salses-le-Château.	

6-DEFINITION DES DISCIPLINES

The 1258 event offers races open to trail running, fast hiking, and endurance walking. The aim here is to specify the conditions for each discipline, bearing in mind that competitors are perfectly free to switch between them during their race as long as they remain within the defined time limits.

Trail running and ultra-trail running are foot races that take place on generally marked courses with some elevation gain and/or technical challenges, with or without poles. Trail running is a competitive discipline where timing determines the ranking of competitors at the finish line. While walking is permitted, trail running differs from endurance walking and fast hiking by a higher average speed and therefore stricter time limits. Registration requirements allow trail runners to participate in the four EI 1258 events: Maratrail, Ultra-Trail, Ultra-Randonnée, and Relay.



Fast hiking is a form of fast-paced hiking on unmarked trails with significant elevation gain and/or technical challenges, with or without poles, and is encouraged to be practiced in teams. Fast hiking does not result in an official ranking and therefore cannot be considered a competitive event. However, timing allows participants to be placed in a "finisher" system that recognizes four performance levels based on speed/effort achieved. Walking and running are both permitted within the framework of fast hiking, which distinguishes it from traditional hiking by a higher average speed. Time limits and registration requirements allow fast hikers to participate in Ultra-Randonnée events.

Endurance walking is a hike at a free or controlled pace, characterized by its distance. It takes place on unmarked trails with elevation changes that allow participants to maintain a certain pace, with or without poles.

Teamwork is a key feature of this discipline. Endurance walking can be ranked based on various criteria such as consistency, average speed, and progress over the total distance covered. While brisk walking is generally the norm in endurance walking, running may be permitted in some events. Time limits and registration requirements allow endurance walkers to participate in Ultra-Hiking, although the elevation changes will inevitably require variations in pace.

Hiking is a self-paced hike lasting over two hours. It takes place on unmarked trails with varying elevations depending on the terrain. It can be done with or without poles, alone or in a group. Hiking is not a competitive event. Time limits and registration requirements allow hikers to participate in the Ultra-Randonnée, although they should be aware that some nighttime walking will be necessary to complete the course within the allotted time.

7-DEFINITION OF AUTONOMY LEVELS

SEMI-AUTONOMY

The EI 1258 events take place in a single stage, at free pace, within the time limit set by the time barriers specific to each event.

The principle of semi-autonomy is the rule for the entire Maratrail event and on the first section of approximately 42 km between the start at the Col de Puymorens and the Formiguères life base for the Ultra-Trail, Ultra-Randonnée and Relay events.

Semi-autonomy is defined here as the ability to be self-sufficient between two supply points, both in terms of food and clothing and safety equipment, allowing in particular to adapt to problems encountered or foreseeable (bad weather, physical problems, injury, etc.).

This principle implies, in particular, the following rules:

1. Each runner must carry all of their mandatory equipment with them throughout the race. This equipment must be transported in a bag (or similar) that cannot be exchanged on the course. At any time during the race, race officials may check the bag and its contents. Runners are required to comply with these checks courteously, under penalty of disqualification from the race.
2. Aid stations are stocked with food and drinks to be consumed on site. The organizers only provide water or energy drinks for refilling water bottles or hydration packs. Runners must ensure they have enough drink to reach the next aid station before leaving each one. For slower runners, the longest sections without aid stations can last up to 4 hours.
3. It is forbidden to be accompanied or to accept being accompanied during all or part of the race by a person who is not registered. Participants are not allowed to run with a dog or any other animal, including guide animals.
4. No assistance is permitted at any point along the Maratrail course and the 1st a section of approximately 42 km between the start at the Col de Puymorens and the Formiguères aid station for the Ultra-Trail, the Ultra-Randonnée and the Relais which uses the same course.
5. A participant who agrees to be accompanied violates the principle of semi-autonomy. Race officials who witness irregularities are authorized to penalize participants in order to guarantee the spirit of the competition.

SEMI-SELF-SUFFICIENCY

The principle of semi-self-support racing is the rule for all Ultra-Trail, Ultra-Hiking and Relay events from the Formiguères life base at approximately kilometer 42 until the finish in Salses-le-Château.

Semi-self-support is defined here as the ability to be self-sufficient between two open aid stations during the race's passage time (closing times of each).

(Scheduled living quarters based on time limits communicated before departure) where participants have free access to sleeping accommodations and meals. They also have their own drop bag. The time spent using the sleeping accommodations may be limited depending on the altitude.

While competitors will have the opportunity to replenish their water supplies at 2 intermediate water points between two life bases and the last life base and the finish, they must be able to be self-sufficient between two life bases, both in terms of food and clothing and safety equipment, allowing them to adapt to problems encountered or foreseeable (bad weather, physical problems, injury, etc.).

This principle implies, in particular, the following rules:

1. Each runner must carry all of their mandatory equipment with them throughout the race.
This equipment must be transported in a bag (or similar) that cannot be exchanged on the course. At any time during the race, race officials may check the bag and its contents. Runners are required to comply with these checks courteously, under penalty of disqualification from the race.
2. The living quarters are supplied with drinks and food to be consumed on site.
The organizers only provide water or energy drinks for refilling water bottles or hydration packs. Runners must ensure they have enough water or energy drinks to reach the next aid station and sufficient nutrition to reach the following aid station before leaving each aid station. For slower runners, the longest sections between water stations can last up to 5 hours, and up to 20 hours between aid stations.
3. For the Ultra-Trail, the Ultra-Hiking and the Relay, personal assistance is
Assistance is permitted exclusively at aid stations (*), in the area specifically designated for this purpose and at the discretion of the aid station leader. This assistance may only be provided by one person, without any specific equipment other than a bag with a maximum volume of 30 liters. Assistance provided by a team of professionals, or any medical or paramedical professional, is strictly prohibited. Only minor treatments and massages for abrasions/wounds are permitted, and these may be performed with the runner seated in a chair, without the need for them to lie down. The rest of the aid station is strictly reserved for runners.
4. It is forbidden to be accompanied or to accept being accompanied during all or part of the race by a person who is not registered. Participants are not allowed to run with a dog or any other animal, including guide animals.
5. A participant who agrees to be accompanied violates the principle of semi-autonomy. Race officials who witness irregularities are authorized to penalize participants in order to guarantee the spirit of the competition.

(*) Personal assistance is permitted at the following aid stations: Formiguères, Mosset, Bélesta, Vingrau. Assistance is prohibited at supply stations and at any other point along the course, including self-contained water points.



8-MARKING

While the section common to all EI 1258 events from the starting area at the Col de Puymorens is fully marked, the remainder of the Ultra-Trail, Ultra-Hike, and Relay courses, from Formiguères (approximately kilometer 42) to the finish line in Salses-le-Château, follow unmarked paths and require proficiency in GPS navigation (mandatory) and the necessary knowledge to use a map, compass, and altimeter. In the event of a participant going off course, the organizers cannot be held liable for any resulting damages.

The route between the starting area at the Col de Puymorens and Formiguères is marked with recyclable and reusable markers bearing the EI 1258 event logo. These markers are placed every few meters. The routes follow existing paths, and there may be GR (long-distance hiking trail) markers that do not necessarily correspond to the race markers or routes.

WARNING: If you don't see any markers, go back and look for them!

For better nighttime visibility, the beacons are equipped with a part made of reflective material that reflects the light from the headlamp.

We recommend that all participants, including those in the Maratrail, bring the course track on their GPS watch. These tracks can be downloaded from the event website a few days before the race.

Out of respect for the environment, no paint is used on the trails.

9-FEED STATIONS

The organizers guarantee solid and liquid refreshments at aid stations and life bases located throughout the course. These aid stations have been strategically placed along the route, taking into account runner safety as well as logistical feasibility and accessibility, especially in high mountain terrain. Food and drinks are available for consumption on-site at the aid stations. The organizers provide water and energy or isotonic drinks to fill the mandatory hydration packs and individual cups. Runners are responsible for ensuring they have enough food and drink to reach the next aid station upon leaving each one.

Only participants with a visible bib number and personal wristband have access to the refreshment points.

For competitors taking part in the Ultra-Trail, Ultra-Hiking and Relay starting from Formiguères located at approximately the 42nd kilometer, the organization guarantees two identified independent intermediate drinking water supply points and access to toilets between two life bases to ensure proper hydration.

The runner's guide and website will provide a precise list of aid stations and their composition.

10-BASES VIE

The organizers guarantee access to aid stations for participants in the Ultra-Trail and Ultra-Hiking events during their race time (closing times for each aid station are indicated on the time barriers provided before the start). At these stations, participants have free access to toilets, dormitories, and meals. They also have their drop bag. The time spent using beds or bunks may be limited depending on the weather conditions.

If the Relay competitors involved in the course have access to the life bases to wait for the previous relay or to benefit from a supply at the end of their relay, they must ensure that priority access is given to the competitors involved in the Ultra-Trail and the Ultra-Hiking.

11- EXAM PROCEDURE

The route occasionally follows paved roads. On these sections, participants must strictly adhere to the rules of the road, stay on the shoulder, and remain focused. Certain road crossings require caution.

A GPS tracker will be provided to each participant in the Ultra-Trail and to each team in the Ultra-Hiking and Relay events. This tracker allows the organizers to monitor the participants' progress and route in real time, thus ensuring their safety on the course.

The provided GPS track ensures route continuity. However, in the Ultra-Trail, Ultra-Hiking, and Relay Roadbooks, the highlighted track will be the mandatory route. The highlighted track in the Roadbook must be strictly followed; failure to comply will result in disqualification.

Some sections (for example, village crossings) will not be highlighted, allowing runners to choose their preferred route between the two tracks (for example, to buy food). The two formats (GPS track and roadbook) are therefore complementary.

Tracking information will be available online and on the LiveTrail app.

Ultra-Hiking teams must stay together at all times or they will be disqualified. Each participant must remain within 100 meters of their teammates. No exceptions will be made.

It is therefore imperative for each team to have at least one fully charged phone for GPS tracking in their race bag throughout the event. At any point during the race, each participant must be able to prove that their phone (or GPS) and its power banks have sufficient charge to reach the finish line (the same requirement applies to headlamps). **To ensure they can be contacted by race control at any time, the phone must not be in standby or airplane mode.**

12-CONDITIONS D'INSCRIPTION

The legal and economic conditions relating to the registration process and the participation of competitors in the EI 1258 events are specified in a contractual annex to these regulations.

To register for the Ultra-Trail, competitors must demonstrate recent experience in an ultra-distance race. They must hold a valid UTMB® Index in the 100K or 100M categories or have earned a minimum of 4 ITRA points in a race within the last 3 years.

To register for the Relay and the Maratrail, each competitor must demonstrate recent trail running experience. A valid UTMB® Index in the 20K category or higher is required, or at least one ITRA point must have been earned in a race within the last three years.

It is also recommended to have a UTMB® Index or an ITRA performance index of at least 400 to ensure optimal safety conditions during the Ultra-Trail and Relay. With a lower UTMB® Index or ITRA performance index, the competitor is likely to spend too much time alone between aid stations or life bases, which could put them at risk after the first aid station.

To register for the Ultra-Randonnée, each competitor must be fully aware of the length and specific nature of the event they are undertaking, even though no experience or performance criteria are required. Competing in teams of 2 or 3 inseparable individuals provides added safety but does not exempt participants from the need for appropriate preparation for this type of event.

To validate their registration, each competitor in the Maratrail, Ultra-Trail and Relay must provide proof of completion of the online Health Prevention Pathway (PPS) focused on raising awareness of risks and best health practices in sport within three months before the event.

To validate their registration, each participant in the Ultra-Randonnée must submit a specific medical certificate dated less than 1 year from the departure date (appendix 1).

PPS Code: At the end of the course, participants receive a PPS code, which must then be entered into the registration platform. No race bib will be issued without a valid PPS code on the registration platform.

13-BIBS

Each bib and personal wristband is given individually to each runner upon presentation:

- A photo ID card or passport.

The race bib must be worn on the chest or stomach and must be fully and constantly visible throughout the race. It must therefore always be positioned over any clothing and must never be attached to a bag or leg. The names and logos of the partners must not be altered or obscured. The race bib, along with the wristband, is the official entry code.



Pass required to access shuttles, buses, supply stations, life bases, infirmaries, rest rooms, showers, bag drop-off or pick-up areas... Except in case of refusal to comply with a decision made by a race official, the bib number is never removed but in case of withdrawal it is deactivated.

14-LIFE BAGS

- Maratrail and Relay 1: Upon receiving their race bib, each participant receives a 30-liter bag. After filling it with any clothing and tools they deem necessary, they will leave it near the starting line. The bag will be transferred by the organizers to the finish line in Formiguères. Runners can then collect their bags upon arrival.

- Ultra-Trail and Ultra-Hiking: time for bib number distribution, each participant
Each runner receives two 30-liter bags. After filling them with any clothing and tools they deem necessary, they will leave them near the start line. One bag will be transported by the organizers to the aid stations in Formiguères, then Bélesta, and finally to the finish line in Salses-le-Château, while the other will be transported to the aid stations in Mosset, then Vingrau, and finally to the finish line in Salses-le-Château. Runners can collect their bags upon arrival at these aid stations. When leaving the aid station, the runner must personally deposit the bag in the designated area.

- Relays 2, 3, 4 and 5: At the time of bib number distribution, each participant receives a 30-liter bag, but no transfer service is provided by the organizer. Each participant must arrange to wait for the teammate from the previous relay to hand over their bag during the relay exchange.

Bags must be collected at the finish line no later than 2 hours after the end of the race. After this time, runners must personally go to the storage area indicated by the organizers to retrieve their bags.

The organizers will repatriate the bags of runners who have dropped out, provided their withdrawal has been officially recorded. The repatriation timeframe depends on logistical constraints. The organizers do not guarantee the return of all bags to Salses-le-Château before the end of the race.

Only bags provided by the organizers will be transported. Trekking poles cannot be carried in these bags. As the contents of the bags are not checked, no claims regarding the contents upon arrival will be accepted. It is recommended not to place valuables in the bags.

We recommend that you have spare clothes and hygiene products in Formiguères for participants of the Maratrail and relay 1, in Mosset for participants of relay 2, in Bélesta for participants of relay 3, in Vingrau for participants of relay 4 and in Salses-le-château for participants of the Ultra-Trail, the Ultra-Randonnée and relay 5.

For logistical reasons, the El 1258 races only accept the bib bags distributed at bib collection. These bags are reusable, and runners are encouraged to use them.
reuse them whenever they have the opportunity.

15-MAXIMUM ALLOWED TIME AND TIME BARRIERS

The maximum time allowed for the entire course is set at:

	Formiguères KM 42	Moss KM 87	Belesta KM 130	Wingrau KM 183	Sausage-the- castle
Maratrail	12h00				
Ultra-Trail	14h00	28h00	40h00	54h00	72h00
Ultra- Hiking	8:00 p.m.	40h00	58h00	78h00	96h00
Relay	14h00	28h00	40h00	54h00	72h00

All maximum times and cut-off times, for all distances, were calculated and established taking into account the departure time of the last wave. Therefore, the times are not increased according to the departure wave.

EI 1258 is a competitive sporting event, and therefore has time limits in order to maintain the level of competition and ensure the safety of the runners.

The cut-off times (time limits) for the main checkpoints will be defined and communicated in the runner's guide and on the website. In case of changes (exceptional circumstances), the new time limits will also be communicated via social media, email, or SMS.

These time limits are calculated to allow participants to reach the finish line within the maximum time allowed, including any breaks (meals, rest, etc.). To be allowed to continue the race, participants must leave the checkpoint before the specified cut-off time (regardless of their arrival time at the checkpoint).

All runners who drop out, are stopped by the organizers, or are found outside the official time limits are not allowed to continue the race. Their bib number will be removed, and they will be transported back to the event area using the organizers' transportation. All runners are encouraged to use the transportation provided by the organizers to return to the finish line.

16-CONTROL POSTS

Supply posts and base camps serve as checkpoints for passage and security. There are also random checkpoints located at various points other than security posts, supply posts, and base camps. These may be passage checkpoints or purely security checkpoints. The organization does not disclose their locations.

17-ABANDONMENT AND RETURN TO THE FINISH

Unless injured, a runner must not abandon the race anywhere other than at a checkpoint. They must then inform the checkpoint official or the Race Control Centre. In this case, the runner's number will be marked as "abandoned".

If a decision to abandon the race is made between two checkpoints, the runner must proceed to the nearest checkpoint where they will report their withdrawal.

The runner keeps their race number because it is their pass to access shuttles, buses, meals, treatment rooms...

The return to the arrival point works as follows:

- Buses are available from the living quarters indicated by a "bus" pictogram.
on the passage boards in order to bring back to the finish line the runners who have abandoned.
- Runners who abandon at another aid station or refreshment station but whose state of health does not require evacuation must return as quickly as possible and by their own means to the nearest repatriation point.
- Regarding supply or relief stations accessible by car or 4x4 :
 - o Upon closure of the position, the organization, to the extent of its resources available, will bring back the runners who have abandoned and are still present at the post.

In the event of adverse weather conditions justifying the partial or total stoppage of the race, the organization ensures the return to the finish line of the stopped runners as soon as possible.

18-EMERGENCY RESCUE AND MEDICAL ASSISTANCE

First aid stations are located at various points along the course. These stations are communicated by radio or telephone with the Race Control Centre (the number will be provided in the Runner's Guide and printed on the race bib). A medical team is present at the Race Control Centre throughout the event.

First aid posts are intended to provide assistance to any person in danger using the organization's own resources or public resources.

It is the responsibility of a runner in difficulty or seriously injured to call for help:

- By presenting themselves at a first aid station.
- By calling the Race Control Centre.
- By asking another runner to alert the emergency services.
- By using the SOS feature of the Livetrail application.

Each runner must assist anyone in danger and alert emergency services. They must also wait with the runner in difficulty until the arrival of organization personnel.

If you are unable to contact the Race Control Centre and only in case of absolute emergency, you can call the emergency services directly (especially if you are in an area where only emergency calls are possible): 112.

Remember that unforeseen circumstances of all kinds, related to the environment and the race itself, can cause you to wait for help longer than expected. Your safety will then depend on the quality of the gear you've packed.



All medical, paramedical, first aid and official guide personnel, as well as any person designated by the race management, are authorized:

- To disqualify any competitor deemed unfit to continue the event.
- Require all participants to use all clothing from the mandatory equipment, on any part of the course.
- To evacuate by any means the runners they deem to be in danger.
- Hospitalize any participant whose health condition makes it necessary.

Any participant receiving treatment from a doctor, first aider, rescue team, or being rescued submits to their authority and accepts their decisions. The moment a runner's condition requires treatment via intravenous infusion, they will be automatically disqualified from the race.

A medical center will be accessible at the finish line throughout the duration of the race. Runners with serious medical problems can seek treatment there. Comfort care is subject to the discretion of the medical staff and their availability.

Each runner must stay on the marked trail, even while sleeping. If it becomes necessary to sleep on the trail, it is strongly recommended to use the "sleep bib" provided by the organizers.

This bib allows you to signal that you need to sleep a little undisturbed.

Any runner who deliberately deviates from the marked path is no longer under the responsibility of the organization.

19-MANDATORY EQUIPMENT AND MATERIALS

For reasons aimed at ensuring the safety and smooth running of each event, each participant must have at their disposal the complete list of mandatory equipment detailed below, and carry with them all the equipment, in use or not, during the race.

Systematic and/or random checks will be carried out during the race. A penalty or disqualification will be applied to runners not carrying all the mandatory equipment (see PENALTIES). Disqualification will also be applied to anyone refusing to submit to a check, even repeatedly.

It's important to note that the equipment mandated by the organizers is a bare minimum that each trail runner must adapt to their own abilities. In particular, you shouldn't choose the lightest possible clothing to save a few grams, but rather opt for clothing that truly provides good protection in the mountains against cold, wind, and snow, thus ensuring better safety and performance.

It is essential to pack all this equipment in such a way that it is protected from rain and snow and does not get wet when it needs to be used (for example, by using waterproof plastic bags).

MANDATORY EQUIPMENT FOR MARATRAIL AND RELAY 1

In the bib collection area, a checkpoint for mandatory voluntary equipment will be set up, where it will be possible to check if the equipment you have meets the established requirements.

- Closed-toe shoes suitable for trail running. Running barefoot is prohibited.
- Backpack or similar bag for carrying mandatory equipment during the race.
- Mobile phone (smartphone **REQUIRED**): the runner must be reachable at all times moments before, during and after the race:
 - o Mobile phone usable in France (include security numbers)
(organization in contacts, keep the phone on, do not hide the number, and do not forget to start the race with a full battery).
 - o Keeping your phone switched on, airplane mode is prohibited and may result in disqualification.
 - o Livetrail application installed and connected.
- An external battery is highly recommended.
- Personal cup of at least 15cl (cans or flasks with caps not accepted).
- Minimum water reserve of 1 litre.
- 1 lamp in good working order with spare batteries. Recommendation: 200 lumens or more.
- Survival blanket of 1.40m x 2m minimum.
- Razor.
- Food reserve. Recommendation: 800kcal (2 gels + 2 energy bars).
- Jacket with a hood to withstand bad weather in the mountains and
Made with a waterproof membrane of at least 10,000 Schmerber and breathable (RET recommended below 13). The jacket must have an integrated hood or one attached to the jacket using a system originally provided by the manufacturer. The seams must be welded. The jacket must not have any parts made of non-waterproof fabric, but ventilation provided by the manufacturer (under the arms, in the back) is acceptable as long as it does not obviously compromise waterproofing. It is the runner's responsibility to judge, based on these criteria, whether their jacket meets the regulations and is therefore suitable for adverse mountain weather, but during an inspection, the on-site assessment of the official in charge of the inspection or the race commissaire will prevail.
- A long-sleeved thermal garment (excluding cotton) with a minimum weight of 180 g (in the runner's size).
- Long-legged running pants or tights OR a combination of tights and socks covering the entire leg.
- Waterproof over-trousers.
- Hat or bandana or clothing to cover the head.
- Warm and waterproof gloves.

All clothing must be the competitor's correct size and unaltered after leaving the factory. Appropriate attire is required. You must carry this equipment in a non-exchangeable bag on the course.

Other recommended equipment (non-exhaustive list):

- Essential warm spare clothing in case of cold and rainy weather or in case of injury.
- Plates and utensils for eating. At the supply stations, no equipment is provided so that food could be eaten.
- Water purification tablets or containers with water purification filter.
- Poles in case of rain or snow for your safety on slippery terrain.
- Vaseline or anti-chafing cream.
- Adhesive elastic bandage for applying a bandage or strapping (min. 100 cm x 6 cm).
- GPS watch.
- Sun protection.

MANDATORY EQUIPMENT FOR ULTRA-TRAIL AND RELAYS 2, 3, 4, 5

In the bib collection area, a checkpoint for mandatory voluntary equipment will be set up, where it will be possible to check if the equipment you have meets the established requirements.

- Closed shoes suitable for trail running. Running barefoot is prohibited.
- Backpack or similar intended to carry the mandatory equipment during the race.
- A GPS device or watch capable of navigation, onto which the tracks provided by the organization have been downloaded. Note that a smartphone can be used in addition to the dedicated device but will not be considered a means of navigation on its own.
- A manual compass.
- A charger.
- An external battery.
- Un duvet (minimum 200 g).
- Mobile phone (smartphone REQUIRED): the runner must be reachable at all times moments before, during and after the race:
 - o Mobile phone usable in France (include security numbers)
 (organization in contacts, keep the phone on, do not hide the number, and do not forget to start the race with a full battery).
 - o Keeping your phone switched on, airplane mode is prohibited and may result in disqualification.
 - o Livetrail application installed and connected.
 - o An external battery is highly recommended.
- The Roadbook and route maps provided by the organization.
- Personal cup of at least 15cl (cans or flasks with caps not accepted).
- Minimum water reserve of 2.l. Upon leaving the life bases, it will be mandatory to leave with 2.l of drink, depending on the section to be covered or the weather conditions.
- Water purification tablets or containers with water purification filter.
- 2 lamps in good working order with spare batteries for each lamp.
 Recommendation: 200 lumens or more for the main lamp.
- Survival bag. It must measure at least 2.0 m x 0.9 m. It is recommended to use a thermal bag that retains body heat. A survival blanket or an aluminum blanket is not acceptable.

- A survival candle and a lighter (to heat the survival shelter in case of injury) and/or risk of hypothermia)
- Razor.
- Food reserves. Recommendation: 1600kcal (4 gels + 4 x 65g energy bars) each).
- Jacket with a hood to withstand bad weather in the mountains and
Made with a waterproof membrane of at least 10,000 Schmerber and breathable (RET recommended below 13). The jacket must have an integrated hood or one attached to the jacket using a system originally provided by the manufacturer. The seams must be welded. The jacket must not have any parts made of non-waterproof fabric, but ventilation provided by the manufacturer (under the arms, in the back) is acceptable as long as it does not obviously compromise waterproofing. It is the runner's responsibility to judge, based on these criteria, whether their jacket meets the regulations and is therefore suitable for adverse mountain weather, but during an inspection, the on-site assessment of the official in charge of the inspection or the race commissaire will prevail.
- A long-sleeved thermal garment (excluding cotton) with a minimum weight of 180 g (in the runner's size).
- Long-legged running pants or tights, or a combination of tights and socks covering the entire leg.
- Waterproof trousers.
- Cap or bandana or clothing that covers the head.
- Warm and waterproof gloves.
- A first aid kit for treating minor injuries and accidents
benign (non-exhaustive list in appendix).

All clothing must be the participant's size and must not have been altered after leaving the factory. Appropriate attire is required.

All equipment will be transported in a backpack or similar bag which cannot be changed during the course.

All equipment will be properly packed to prevent it from getting wet inside the backpack in case of rain.

Other recommended equipment (non-exhaustive list):

- Essential warm spare clothing in case of cold and rainy weather or in case of injury.
- Poles in case of rain or snow for your safety on slippery terrain.
- Plates and utensils for eating. At the supply stations, no equipment is provided so that food could be eaten.
- Vaseline or anti-chafing cream.
- Sun protection.
- Adhesive elastic bandage for applying a bandage or strapping (min. 100 cm x 6 cm).

MANDATORY EQUIPMENT FOR ULTRA-HIKING

In the bib collection area, a checkpoint for mandatory voluntary equipment will be set up, where it will be possible to check if the equipment you have meets the established requirements.

- Closed shoes suitable for trail running. Running barefoot is prohibited.
- Backpack or similar intended to carry the mandatory equipment during the race.
- A GPS device or watch capable of navigation, onto which the tracks provided by the organization have been downloaded. Note that a smartphone can be used in addition to the dedicated device but will not be considered a means of navigation on its own.

- A manual compass.
- A charger.
- An external battery.
- Un duvet (minimum 200 g).
- Mobile phone (smartphone REQUIRED): the runner must be reachable at all times moments before, during and after the race:
 - o Mobile phone usable in France (include security numbers)
(organization in contacts, keep the phone on, do not hide the number, and do not forget to start the race with a full battery).
 - o Keeping your phone switched on, airplane mode is prohibited and may result in disqualification.

 - o Livetrail application installed and connected.
 - o An external battery is highly recommended.
- The Roadbook and route maps provided by the organization.
- Personal cup of at least 15cl (cans or flasks with caps not accepted).
- Minimum water reserve of 2.l. Upon leaving the life bases, it will be mandatory to leave with 2.l of drink, depending on the section to be covered or the weather conditions.
- Water purification tablets or containers with water purification filter.
- 2 lamps in good working order with spare batteries for each lamp.
Recommendation: 200 lumens or more for the main lamp.
- Survival bag. It must measure at least 2.0 m x 0.9 m. It is recommended to use a thermal bag that retains body heat. A survival blanket or an aluminum blanket is not acceptable.

- A survival candle and a lighter (to heat the survival shelter in case of injury)
and/or risk of hypothermia)
- Razor.
- Food reserves. Recommendation: 1600kcal (4 gels + 4 x 65g energy bars)
each).
- Jacket with a hood to withstand bad weather in the mountains and
Made with a waterproof membrane of at least 10,000 Schmerber and breathable (RET recommended below 13). The jacket must have an integrated hood or one attached to the jacket using a system provided by the manufacturer. The seams must be welded. The jacket must not have any parts made of non-waterproof fabric, but ventilation provided by the manufacturer (under the arms, in the back) is acceptable as long as it does not obviously compromise waterproofing. It is the runner's responsibility to judge, based on these criteria, whether their

The jacket is suitable for the regulations and therefore for bad weather in the mountains, but, during a check, the on-site assessment of the person in charge of the check or the race commissioner will prevail.

- A long-sleeved thermal garment (excluding cotton) with a minimum weight of 180 g (in the runner's size).
- Long-legged running pants or tights, or a combination of tights and socks covering the entire leg.
- Waterproof trousers.
- Cap or bandana or clothing that covers the head.
- Warm and waterproof gloves.
- A first aid kit for treating minor injuries and accidents benign (non-exhaustive list in appendix).

All clothing must be the participant's size and must not have been altered after leaving the factory. Appropriate attire is required.

All equipment will be transported in a backpack or similar bag which cannot be changed during the course.

All equipment will be properly packed to prevent it from getting wet inside the backpack in case of rain.

Other recommended equipment (non-exhaustive list):

- Essential warm spare clothing in case of cold and rainy weather or in case of injury.
- Poles in case of rain or snow for your safety on slippery terrain.
- Plates and utensils for eating. At the supply stations, no equipment is provided so that food could be eaten.
- Vaseline or anti-chafing cream.
- Sun protection.
- Adhesive elastic bandage for applying a bandage or strapping (min. 100 cm x 6 cm).

STICKS

If you choose to use poles, you must use them for the entire duration of the race. It is forbidden to start without poles and to retrieve them along the way. The use of poles may be prohibited in certain areas of the route for safety or environmental reasons. In this case, specific signs along the route will indicate this.

No poles will be allowed in the relief bags.

MUSIC

Listening to music using headphones is permitted, provided it can be done safely. Headphones **MUST** be removed when crossing a road, when approaching and entering a checkpoint, and when approaching and passing a member of the security team.

20-RESPECT FOR THE ENVIRONMENT

By registering for one of the EI 1258 events, participants agree to respect the environment and the natural areas they traverse. In particular:

It is strictly forbidden to leave any waste (gel containers, paper, organic waste, plastic packaging, etc.) on the course. Trash cans are available at each aid station, base camp, and water point, and their use is mandatory. Race officials will be conducting checks along the course.

21-ARRIVAL

A finisher's gift will be given to all those who complete the distance within the time allowed for each event.

Finishing runners will have access to a final refreshment station located in Formiguères for the Maratrail or Salses-le-Château for the Ultra, reserved exclusively for runners and accessible only once.

22-RANKINGS AND REWARDS

For the Matratrail and the Ultra-Trail, a general ranking, male and female, and for each category, male and female, is established (see details of categories below).

For each event, the top 5 men and top 5 women in the overall standings receive a trophy. Trophies and prizes are only awarded at the ceremony, so attendance is mandatory.

The top men and women in each age category will receive a trophy, which will be presented to them at the awards ceremony. Prizes will not be mailed.

Age categories

Hope: 18-22 years old

Senior: 23-39 years old

Master 1: 40-49 years old

Master 2: 50-59 years old

Master 3: 60-69 years old

Master 4: 70 and +

For the Relay, an overall team ranking is established, regardless of whether the teams are men's, women's, or mixed. The top 3 teams receive a trophy. Trophies and prizes are only awarded during the ceremony, so attendance is mandatory.

Since the Ultra-Randonnée is not a competitive event, no official ranking is established at the finish. However, the timing allows the team's speed/efficiency (VE) to be calculated, excluding stops at aid stations, which allows it to be placed in the "finisher" system of the French Hiking Federation's fast hiking benchmark, which values 4



Performance levels: gold (VE8), silver (VE7), bronze (VE6), and finisher (time limit of the event, approximately VE4). A distinctive badge will be awarded to each team that completes the course within the time limits.

No cash prizes will be awarded in the EI 1258 events.

23-PENALIZATION AND DISQUALIFICATION

EI 1258 has race officials distributed across all courses. They are duly identified.

A Race Jury will be formed before the start of the races, composed of the Race Director, the Technical Director, and the referees. An amateur runner chosen by random draw will also be part of the jury.

The Race Director, the marshals present on the course and the heads of the various control and refueling points are authorized to enforce the regulations and to immediately apply a penalty (*) if necessary, in accordance with the following table:

BREACH OF REGULATIONS	PENALTY (*) – DISQUALIFICATION
Shorten the route.	At the discretion of race control.
Absence of mandatory safety equipment (some of these items): not having a water reserve volume of at least 1.5 l, waterproof jacket with hood, lamp, thermal bivouac bag, mobile phone SMARTPHONE.	Immediate disqualification.
Absence of other safety features: tights or Long trousers, only a lamp, hat or bandana, gloves, thermal clothing, waterproof trousers, silencer, food supply, bottle, and other mandatory items.	One-hour penalty or immediate disqualification according to the management criterion racing.
Refusal to undergo a mandatory equipment check.	Disqualification.
SMARTPHONE switched off or in airplane mode.	Penalty 15 min.
Littering or failure to use the toilets provided by the organization (voluntary act) by a competitor or a member of their entourage.	Penalty 1 hour.
Disrespect towards people (organization or runners). Note well: a participant whose supporters show uncivil behavior and/or refuse to comply with the organizer's instructions will be penalized.	Disqualification.
Team dissociation (distance between members > 100 meters or switching from a team of 3 to 2 without having it validated by the race committee).	Disqualification.
Failure to assist a person in difficulty (requiring support).	Disqualification.
Assistance outside authorized areas and/or by more of a person.	Penalty 1 hour.
Support on the route outside the clearly marked tolerance zones near the aid stations.	Penalty 15 min.
Cheating (e.g., using a means of transport, sharing a race bib, etc.).	Immediate disqualification and life.
Visible bib defect.	Penalty 15 min.
Bib worn incorrectly.	Penalty 15 min (during which the runner must replace their race number correctly).
Proven dangerous behavior (e.g., poles with unprotected tips pointed towards runners or spectators).	Penalty 15 min.
Absence of an electronic chip.	At the discretion of race control.
Failure to pass through a checkpoint.	At the discretion of race control.
Refusal to obey an order from the race director, a race commissioner, a post chief, a doctor or a first aider.	Disqualification.

Refusal to undergo doping control.	The runner will be sanctioned in the same way as if he were convicted of doping.
Departure from a checkpoint after the cut-off time.	Disqualification.
Unmarked bag.	Penalty 1 hour.
Use of poles not carried with you from the start of the race.	Penalty 1 hour.
Disrespect towards others (organization, volunteers or runners, including any form of abuse, intrusion, theft or failure to comply with the rules). IMPORTANT: A participant whose assistants are rude and/or refuse to follow the organization's instructions will be penalized.	Disqualification.
Intentionally leaving a checkpoint after the time barrier.	Disqualification and ban to participate for 2 years.
Unauthorised change of the starting wave leaving earlier than planned (IMPORTANT: no penalty will be applied for a wave leaving later than planned).	2-hour penalty.

(*) Time penalties are applied immediately on the spot, meaning the runner must stop running for the entire duration of the penalty. If the rule violation occurs after the race, the organizers may add a penalty time to the runner's final race time.

Any other breach of the rules will be subject to a sanction decided by the Race Management.

In case of disqualification, the runner is NOT entitled to a refund of registration fees.

In the case of multiple offences, the penalties in the previous table are cumulative.

Each infraction will be recorded on the runner's participation form and communicated to the race jury. Affected runners may file a complaint within 24 hours of the end of their participation. These complaints must be sent by email to: horros@gmail.com

In these cases, the race jury will review the penalty or disqualification in the presence of the jury member and will render a verdict, upholding or overturning the sanction as appropriate.
cas.

Any complaint regarding the rankings must be submitted to the organization as soon as possible after the runner's arrival and confirmed by email within 2 days of the end of the event.

Any other complaint must be sent to the organization by email within a maximum of 10 days after the end of the event.

Claims relating to registration, the sporting management of the race or its rules (for example, the withdrawal of a runner during the event) will not be considered valid.

24- ANTI-DOPING

EI 1258 is committed to supporting clean and fair sport, particularly during a period of significant development in sport.

The use of performance-enhancing substances or methods is fundamentally wrong and contrary to the spirit of sportsmanship. The misuse of drugs can be detrimental to the health of an athlete, as well as to other athletes participating in the competition. It seriously undermines the integrity, image, and value of sport, regardless of whether the motivation for using these substances is performance enhancement. To guarantee integrity and fairness in sport, it is essential to commit to fair play.

Every participant, whether professional or amateur, may be subject to doping control before, during, or after the event, regardless of their final ranking. In case of refusal or failure to comply, the athlete will be sanctioned in the same way as if they had been found guilty of doping.

25-IMAGE RIGHTS

All participants expressly waive their image rights during the event, as well as any recourse against the organizer and its staff for the use of their image. Only the organizer may grant these image rights to any media outlet, through accreditation or an appropriate license.

Any communication about the event or any use of images from the event must respect the name of the event and have the official agreement of the organization.

26-INDIVIDUAL SPONSORS

Sponsored runners may only display their sponsors' logos on clothing and equipment used during the race. All other advertising accessories (flags, banners, etc.) are prohibited anywhere along the course, including at the finish line, under penalty of sanction at the discretion of the race organizers.

27-POLITICAL EXPRESSION

According to our ethical charter, any ostentatious display of political messages or images during the event is prohibited.

28-EXCEPTIONAL CONDITIONS

If circumstances require it, the organization reserves the right to modify at any time (including during the race) the course, start times, time barriers, the position of refreshment stations and assistance points, as well as any other aspect related to the smooth running of the events.

In the event of force majeure, adverse weather conditions, or any other circumstance that may affect the safety of participants, or on the orders of public authorities or security forces, the organization reserves the right to:

- Modify the routes, possibly shortening the distance.
- Modify the departure time, including by several hours, or establish waves of departure.
- Modify time barriers, including reducing them.
- Change the departure date.
- Cancel the test (partially or totally).
- Neutralize the ordeal.
- Stop the current test and declare it definitively finished.
- Implement exceptional health measures, including departures by waves.

These changes can occur even a few days before the event, without the participant being able to claim any compensation for this circumstance.

29-APPENDIX REGISTRATION REQUIREMENTS

There is an appendix to these regulations which governs the conditions for registration for the tests.



APPENDIX 1

SPECIFIC MEDICAL CERTIFICATE

of the Ultra-Hiking EI 1258

August 26-30, 2026

This certificate of no contraindication to participation in the Ultra-Randonnée EI 1258 of approximately 226 kilometers and 8,000 meters of positive elevation gain to be completed in a maximum of 96 hours must be submitted on the registration platform before June 30, 2026.

The certificate must be dated within one year of the event date (Wednesday, August 26, 2026). If the medical certificate is not received by this date, registration will be canceled without refund. All medical certificates must be provided in French. **The PPS (Personalized Support Plan) cannot, under any circumstances, replace the specific medical certificate for the Ultra-Randonnée EI 1258, which is required for the event.**

I, the undersigned,

.....,

Doctor of Medicine, certifies having examined, today, Mr/Ms (delete as appropriate)

.....,

born on..... in,

and have found no contraindication to the practice of hiking, and in particular to participation in an ultra-hike event of 226 km / 8,000 m elevation gain with a maximum duration of 96h.

Done on....., has.....,

Delivered directly to the person concerned to assert their rights.

Doctor's Stamp and Signature